

HOW TO: PACK A ZERO WASTE LUNCH!

- Avoid disposables by making an easy switch:
 - Send reusable water bottles instead of single-use plastic bottles
 - Send silverware/durable forks instead of plastic
- Film plastic goes directly to landfill; instead:
 - Avoid Ziploc or snack bags by sending reusable containers (e.g. Tupperware)
 - Instead of kid-size portion wrappers, try buying favorite snacks in bulk to minimize packaging
- When food goes to landfill it creates methane gas, which is a powerful contributor to climate change
 - Encourage your student to bring back any food they don't eat, rather than throwing it away - wasting food wastes resources
 - When they have scraps left at school, remember to encourage composting!

If you have questions about Marin Sanitary Service's 4R Planet Educational Program, contact us at 415-456-2601 or outreach@marinsanitary.com